



you simply allow the place to invite you along. There are trails known locally as 'clowjungs' made by the seaweed-eating sheep (Country Life, June 22, 2016); with their salt-laden fleeces and massive, curly horns, the rams look like wild devils. A wall known as the 'sheep dyke' encircles the whole island and has a 7½-mile-long community of lichens the colour of egg yolk. The Atlantic coast is wild and rugged,

with colonies of arctic terns, black guillemots and breeding scals. The east side has gentler sandy beaches with a completely different feel, where you sometimes see porpoises and hear seals singing in the evening. In midsummer, all the meadow flowers we associate with a southern spring are in bloom: ragged robin, northern marsh orchids, cuckooflowers, marsh marigolds—a patchwork of colour.

Anna Pavord, author and garden columnist Little Haven to Marloes Sands, Pembrokeshire, 12 miles

I spent all my summers in Little Haven as a child, staying in an old-fashioned roadman's van beside a cornfield. Later, we brought our own children there—it's my idea of what the seaside should be: wild, rugged cliffs dropping down to the sea.

There were hawthorns along the clifftop, sculpted by the wind, and honeysuckle, yellow toadflax and blue scabious, which my mother would pick to put in a blue Denby jug. She was a terrific walker, leading my brother and me along the cliffs to St Brides, where the open bell tower was a mark for anyone navigating in from sea.

Then on, dropping due south to Marloes, a beautiful beach on which we surfed with plywood boards. You could climb up to the point and watch the powerful eddies in Jack Sound. In the late afternoon, my father would come on his ancient motorbike to ferry us back to the van. The walk is now part of the Pembrokeshire Coast Path and a Puffin shuttle bus operates three services a day (http://nt.pcnpa.org.uk).

Kurt Jackson, artist and author Botallack to Cape Cornwall, a circular walk of three miles

This is classic tin-mining country. From the National Trust >

